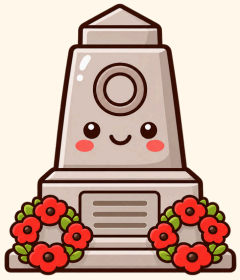
POSITIVE AFFIRMATIONS

POPPY DAY

PEACEFUL DAYS – GRATEFUL WAYS



I am grateful for our freedom.



I remember and respect the past.



I help shape a better future.



My heart is open and caring.



I am brave in my own way.



I embrace compassion.



I shine bright with hope.



I stand with respect and love.



I plant the seeds of peace.