SUMMERTIME AFFIRMATIONS

Positive Words To Keep Sunny All Summer Long!

I bring sunshine wherever I go each day.

I can do hard things, one step at a time.

I am kind, creative, and full of possibilities.

I choose joy in all the little things.

I care for my body and my mind.

I am grateful for this bright, beautiful day.

I grow stronger with every challenge I face.

I believe in myself and all my dreams.

I spread positivity and kindness wherever I go.

I am cool, calm, brave, and confident.

I welcome change and exciting new adventures.

I am free and proud to be myself.