

SPRING MINDFULNESS

Bloom With Positivity!



**I spread love
like flowers**



**I am blooming
with kindness**



**I bloom brighter
every day**



**I am flowering
with creativity**



**I feel light and
full of life**



**I am growing
every day**



**I embrace new
beginnings**



**I radiate like the
colors of spring**



**I blossom
with changes**